



honour the past ~ support the future

Pānui - Newsletter



Term Toru , Week waru (8), 2022

Tēnā koutou Tēnā koutou Tēnā koutou katoa!

Whakahonore nga wa o mua, Hei tautoko nga wa e

Our flag presently flies at half mast to honour the passing of Queen Elizabeth II. We wish to acknowledge her long service; 70 years on the throne is a long time.



Last Friday we had a small team of enthusiastic runners participate in the Rural and Roses Cross Country event at Kihikihi domain. It was a fast and furious race enjoyed by all.

Health and Physical Education (HPE) including Relationships and Sexuality Education Survey

Every two years we consult with the community around what aspects of the HPE curriculum are important to include in our localised delivery for our students. The New Zealand Curriculum now includes "Relationships and Sexuality Education" across all levels of schooling. Information is included in today's newsletter and a response form will be sent to your email address. We value your feedback when provided, and look forward to hearing what you feel should be included.

We have been asked about swimming for next term. Presently our plan is to start swimming in the school pool as soon as we return in Term 4 as the pool is heated. It should hopefully work for us. We have a swimming programme planned for our Year 4, 5 and 6's which will involve going into the Event Centre during the first few weeks of the term. Our sports team will get information to you all before the end of the term about this.

Hei konā mai i roto i ngā mihi from Vicki and the team at Pokuru

PO Box 246, Te Awamutu 3840
873 Pokuru Road, RD 5 Te Awamutu 3875

Phone: 07 871 2844 Office
Phone: 021 531 075 Principal

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Important Dates for Term 3:

13th September BOT election - Votes counted
 13th September Judges Day for Ag Day- Kihikihi Domain
 14th September BOT election - Elected Board takes office.
 23rd September Fred Amess Cup Soccer
 26th September Te Awamutu Intermediate Information Evening 6.00pm
 29th September Board Meeting
 30th September Term 3 ends
 17th October Term 4 begins
 17th October Agricultural Day
 21st October Flyers Class photos retaken

Staff Email Addresses

School Office - office@pokuru.school.nz
 Vicki Robinson— principal@pokuru.school.nz

Explorers

Mandy Dawson— mandy@pokuru.school.nz
 Nicole Duncan— nicole@pokuru.school.nz

Navigators

Kelly Hollinshead - kelly@pokuru.school.nz
 Delwyn Matene— delwyn@pokuru.school.nz
 Pixie Tims—pixie@pokuru.school.nz

Adventurers

Megan Smith - megan@pokuru.school.nz
 Grace Harris grace@pokuru.school.nz

Flyers

Jessie-Jo Ball Jessie-Jo@pokuru.school.nz
 Natasha Dunne - natasha@pokuru.school.nz
 Nicky Frederick - nicky@pokuru.school.nz

Learning Support Coordinator

Donnelle McLeod donnellem@pokuru.school.nz

Sports queries office@pokuru.school.nz

Rocket Spellers for the last week were:

Adventurers: Blair, Brodie, Hayley B, Dayton

Navigators: Ali, Harry, Lochlan, Max G., Nate, Ava, Dawn, India, Kendyl, Rosie, Sadie-Jane, Zara, Charlotte, Clover, Ellicea, Hannah, Hayley, Kyariah, Olivia, poppy, Cooper K, Layne, Mason, Max C, Ricky, Ronen

Explorers: Izzy, Olivia, Jack, Heidi, Flynn, Dallas, Munro, Odin, Corban, Krystal, Dexter, Naylee, Ryden, Sophi M, Molly, Carly, Rafe, Cruiz, Cooper N, Cooper W, Hendrix, Sunnie, Marshall, Jordan, Kaih.

Congratulations to Sienna and Riley N for passing set Z!

AG DAY

Entry forms for Ag Day were sent home two weeks ago with children who had indicated that they were having a lamb, calf or goat for Ag Day. **These are due back no later than Wednesday 21st September.** The earlier the better for planning purposes!

Information packs around rearing are available from the school office if required.

On **Tuesday 13th September** there is a Judge's Day at Kihikihi Domain. A great place to pick up tips and tricks from the Judges themselves! All welcome to attend 10.30-1pm in the Domain Hall.

School Lunch Treat Cancelled This Week

Our planned lunch treat for this week has had to be cancelled as the supplier is unable to provide orders.

We will have another lunch treat next Wednesday.

Pokuru School Bank Details

Pokuru School Board of Trustees Account—
 12-3134-0055684-00

For all school-related expenses and bus fees

Friends of Pokuru School Bank Details

Friends of Pokuru School Account—
 12-3134-0049145-00

For all fundraising expenses

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Te Awamutu Schools Cross Country Results

Well done to everyone who participated in the Te Awamutu Schools Cross Country event held at the Kihikihi Domain last Friday. Below are the top 10 place getters in their age groups.

- 8 yr old girls - 6th Mila R
- 8 yr old boys - 1st Mitchell P
- 2nd Lachlan v
- 9 yr old girls - 5th Blyth R
- 10th Ava M
- 9 yr old boys - 2nd Flynn F
- 10 yr old girls - 9th Paige W
- 10th Sophie H
- 10 yr old boys - 3rd Dallas W
- 4th Cooper W
- 7th Corban M
- 11 yr old girls - 3rd Mia M
- 11 yr old boys - 8th Devon H

SPORTS NOTICES AND NEWS

Miniball Results for Monday 5th September 2022

Pokuru Allstars played Pirongia Bulls and lost 19-14. Pokuru Wolfpack played St Pat's Dominators and won 8-2.

Well done to both teams.

Miniball draws for Monday 12th September 2022

Pokuru All Stars versus Korakonui Lightning on Court 1 at the Te Awamutu Events Centre at 4.00pm

Pokuru Wolfpack versus TAPS Breakers on Court 1 at the Te Awamutu Events Centre at 5.30pm

La Crosse draw for Tuesday 13th September 2022

It is finals week this week. Crazy Cradlers game will be at 6.30pm playing off for 3rd and 4th.



As the weather changes our lost property collection is building up again. If you see items that belong to our whanau please feel free to come in and collect.



COME AND JOIN US FOR
Te Awamutu AFC's

GIRLS & WOMEN'S

HAVE A GO FESTIVAL




**1-3PM SATURDAY
17 SEPTEMBER**

**THE STADIUM,
ARMSTRONG AVE**

No experience necessary.

SPOT PRIZES & GIVEAWAYS

All Ages And Abilities | Face Painting | Refreshments | Bubble Soccer
Short/Small Sided Games | Nin's Zumba And Extreme Hip Hop Step
Boss Mum Fitness Taster Session | Business House Challenges
Roml Brassesco Goalkeeper Training Tips | Football Skill Activities

HAVE-A-GO DAY



**Sunday 18th
September
11:00am - 2:00pm**

Bring your own bike and helmet or borrow one of ours. Gats will be in hand and also will open. Find us on Facebook for more details.



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HEALTH AND PHYSICAL EDUCATION CURRICULUM CONSULTATION 2022

At least every two years, Boards of Trustees are required to consult with their school communities about the Health and Physical Education curriculum being delivered in their school. The purpose of this consultation is to outline the programmes that we are proposing for the next two years and to invite comments on whether parents/carers/whanau feel these will meet the needs of our students.

In the NZ Curriculum, Health and PE Education is split into seven key areas of learning- outlined below. Each of these areas has aspects that must be taught at all year levels (except where indicated). These areas may be integrated into daily classroom life and topics or they may be explored through specific units of study or programmes.

Our school is committed to delivering health and physical education programmes that apply best practices, comply with relevant guidelines and legislation and are appropriate for our school community. We support the positive and holistic development and health of our students. Our teachers will use a range of appropriate teaching strategies that engage students and enable the development of the key competencies while taking opportunities to integrate "Health education" learning with other aspects of the New Zealand Curriculum"

Please note the Relationships and Sexuality Education is very different to sex education and more detailed information can be found on this link here [Relationships and sexuality education](#).

As this can possibly be a topic that raises the most questions, we have included a more detailed breakdown than in the other areas of learning.

Once you have read and considered this document, you are invited to respond on the Google form that is emailed out to you with the newsletter link.

Key Areas of Learning	Opportunities and Possible programme Content	Possible units of study/delivery 2023/2024
Mental Health	Opportunities to develop skills and understanding about: <ul style="list-style-type: none"> ● Personal identity and self worth ● Effective interpersonal relationships ● Coping with change/loss/grief ● Stress/Anxiety/Resilience ● Stereotyping/Discrimination/Bullying 	Life Education Programmes "Keeping Ourselves Safe" Mean, Rude and Bullying programme Mindfulness
Food and Nutrition	Opportunities to develop skills and understanding about: <ul style="list-style-type: none"> ● Nutrition for growth and development across all ages ● The links between nutrition, exercise and well being ● Food Safety 	Healthy Eating Life Education Programmes
Body Care and Physical Safety	Opportunities to develop skills and understanding about: <ul style="list-style-type: none"> ● Personal body care ● Prevention of illness, injury, infection, disease ● Identifying/managing environmental hazards ● Self-responsibility 	Sunsmart Keeping Ourselves Safe Water Safety eg pool safety, beach safety Firewise Hand Hygiene

Relationships and Sexuality Education	See the table below which gives an outline of what this might look like across the different levels.	Keeping Ourselves Safe Life Education Cyber safety/bullying
1 (years 0-2)	Describing changes in grown patterns and identifying body parts. Identifying safe/unsafe touching and the importance of respect.	Playing together in positive ways. Respect self and others. Making friends. Relating to others. Expressing ideas and feelings. Listening to others.
2 (Years 3-4)	Describing stages of growth and development needs including hygiene practices. Strategies for coping with social and physical changes. Identifying risks and planning safety strategies.	Promoting positive body image. Affirming diversity. Considering and demonstrating respect and responsibility. Playing in positive and inclusive ways.
3 (Years 5-6)	Develop knowledge of puberty, growth and development needs. Develop a positive body image. Identifying risks and planning safe strategies. Developing knowledge about, and strategies for managing pubertal change. Identifying how social/media messages regarding body image and gender affect self-worth.	Affirming diversity and respect. Affirming self-worth. Being inclusive/supportive/making friends. Recognising and challenging stereotypes, bullying and body image messages. Assertiveness skills - recognising pressures from others and own feelings. Recognising and dealing with harassment and abuse including online and social media contexts. Developing strategies for online safety. Supporting the rights and feelings of others. Identifying the influence of gender and sexuality stereotypes on self-worth.
Physical Activity	Opportunities to develop: <ul style="list-style-type: none"> • Movement skills in a range of areas • Their own attitudes and behaviours in physical activities. 	At Pokuru School a range of programmes and activities both competitive and non-competitive are offered. The goal is to help students develop their sporting and physical skills and attitudes eg. EOTC - Day trips Aquatics (Swimming training and water safety) Cross Country Athletics After school sports eg mini ball, basketball, lacrosse, netball, touch Camp (Y5 and 6) Jump Jam Interschool events
Sport Studies	Opportunities to develop skills and understanding about <ul style="list-style-type: none"> • Participating in diverse sporting roles • Managing competitive and cooperative environments 	
Outdoor Education	Opportunities to develop skills and understanding about <ul style="list-style-type: none"> • Facing a challenge in the outdoors • Keeping self and others safe in the outdoors • Being an effective team member 	